

# The Vein Center at Highfield

VENOUS INSUFFICIENCY - New Patient Visit

Name \_\_\_\_\_ Age \_\_\_\_\_

Email \_\_\_\_\_

Who is your Primary Care Physician? \_\_\_\_\_

Which leg is bothering you?  Left  Right  Both

Which of the following symptoms have you been experiencing (check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Swelling                       | <input type="checkbox"/> Fatigue                       |
| <input type="checkbox"/> Pain                           | <input type="checkbox"/> "Restless" legs               |
| <input type="checkbox"/> Itching                        | <input type="checkbox"/> Skin/hair changes             |
| <input type="checkbox"/> Burning                        | <input type="checkbox"/> Bleeding/bruising in the legs |
| <input type="checkbox"/> Heaviness                      | <input type="checkbox"/> Wound that heals slowly       |
| <input type="checkbox"/> Other (please describe): _____ |  |

How long have you had these symptoms? \_\_\_\_\_

Have you ever had vein stripping surgery? Yes No When? \_\_\_\_\_  
Which leg? \_\_\_\_\_

Have you ever had vein ablation or injections? Yes No When? \_\_\_\_\_  
Which leg? \_\_\_\_\_

Have your veins gotten worse in recent months? Yes No

On your worse day how severely do your symptoms impact your quality of life?  
(None) 0 1 2 3 4 5 (Severe)

Do you take any medication for leg pain (eg, advil, etc.)? Yes No  
If yes, what medication and how often? \_\_\_\_\_

Do you elevate your legs to relieve discomfort? Yes No

Do you wear support stockings? Yes No  
If yes, what type and how long have you worn them? \_\_\_\_\_

Do they provide relief? Yes No

Have you tried any other conservative therapy such as weight loss or an exercise program?  
Yes No

In what way do your symptoms negatively impact your activities/quality of life? \_\_\_\_\_

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What is your occupation? \_\_\_\_\_

Do you stand much at work?	Yes	No
at home?	Yes	No

Does anyone else in your family have problems with leg veins? \_\_\_\_\_

Have you ever been diagnosed with any of the following conditions (check all that apply)?

- Phlebitis (inflammation or infection of the veins) When? \_\_\_\_\_
- Leg clots or deep venous thrombosis (DVT) When? \_\_\_\_\_
- Lung clots or pulmonary embolism (PE) When? \_\_\_\_\_
- Heart, liver, or kidney problems When? \_\_\_\_\_
- Cancer What type? \_\_\_\_\_ When? \_\_\_\_\_
- Abnormalities of the blood, including bleeding or clotting abnormalities
- Lupus, scleroderma, or rheumatoid arthritis

Have you ever had any of the following experiences (check all that apply)?

- Leg swelling after a long airplane or car trip When? \_\_\_\_\_
- Leg trauma (including surgery) When? \_\_\_\_\_
- Pregnancy How many times? \_\_\_\_\_

Have you ever used any of the following (check all that apply)?

- Tobacco When? \_\_\_\_\_
- Birth control pills When? \_\_\_\_\_
- Estrogen therapy When? \_\_\_\_\_
- Intravenous drugs When? \_\_\_\_\_

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PLEASE LIST ANY OTHER MEDICAL PROBLEMS YOU HAVE HAD IN THE PAST (OR HAVE NOW): \_\_\_\_\_

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PLEASE LIST ANY SURGERIES YOU HAVE HAD: \_\_\_\_\_

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PLEASE LIST ANY SERIOUS MEDICAL CONDITIONS THAT RUN IN YOUR FAMILY: \_\_\_\_\_

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PLEASE LIST ANY MEDICATION ALLERGIES THAT YOU HAVE:

\_\_\_\_\_ type of reaction: \_\_\_\_\_

\_\_\_\_\_ type of reaction: \_\_\_\_\_

\_\_\_\_\_ type of reaction: \_\_\_\_\_

\_\_\_\_\_ type of reaction: \_\_\_\_\_

PLEASE LIST YOUR CURRENT MEDICATIONS, INCLUDING OVER THE COUNTER AND HERBAL MEDICINES

Drug	Dosage	Date started

Do you take any blood thinners? \_\_\_\_\_

HOW MANY PACKS OF CIGARETTES DO YOU SMOKE IN A DAY? \_\_\_\_\_

HOW MANY ALCOHOLIC DRINKS DO YOU HAVE IN A TYPICAL WEEK? \_\_\_\_\_